



Explore the trails away from cars and walk or cycle amongst nature. It's simple, free and one of the easiest ways to get active.

The trees you'll see remove around 1,240kg of pollutants every year. Take a clean, deep breath and don't forget to look up!

Green open spaces and ecology are at the heart of Alconbury Weald's design. All habitats are managed and enhanced to make it a place for people and wildlife.

Follow the Ecology Trail to discover native wildflower meadows which are an excellent source of food for butterflies and a beautiful space for people to enjoy.

As little as 10 minutes of moderate physical activity can reduce anxiety and stress. Walking and cycling is good for your health and wellbeing.

Embrace the culture and heritage of Alconbury Weald. The area where Swynford Park stands was once home to two aircraft hangars: follow the route the planes took along Garland Park.

LOOK OUT FOR THE SIGNS

- ECOLOGY
- TREES
- HEALTH AND WELLBEING
- CULTURE/HERITAGE

NATURE TRAILS AROUND ALCONBURY WEALD

- WILLOW ROUTE 1.5KM
- MINDFUL ROUTE 1KM
- NATURE ROUTE 850M
- GREEN ROUTE 550M (850M WITH ALLOTMENTS)